

August 13th-14th, 2022

Acorns Resort, Milford, KS

Bountiful Being/Harvest Retreat

Expression, Gratitude & Abundance

August 13th, Saturday

9-10am Meadows Meditation
"Inner Smile"

10-1130am Power of Expression

1130am Smoothies & Bliss Balls

1-230pm Power of Gratitude

3-5pm Mala Making Workshop

530pm Tacos

630pm-830pm Tequila Tasting &
Beach Kirtan & Drum Circle

August 14th, Sunday

730-10am Sunrise kayak &
beach yoga, "Abundance"

1030am Tea & 7 Taste Bowls

11am-1pm Heart & Voice of
the Highest Self Workshop

Registration closes on 7/15/22

Limited to 20 people

extremekansas@yahoo.com

785-307-1901

www.wildsukha.com



**Retreat Cost PP- \$290 to \$530 Total
(depending on lodging choice)**

Retreat Only (No Lodging) - \$290 (tent camping avail - BYO)

Retreat & 2 nights lodging in private cabin with kitchen - \$530

Retreat & 2 nights lodging in private lodgeroom - \$460

Retreat & 2 nights lodging in private yurt - \$400

All lodging options include Friday and Saturday nights

*Karma Registration possible, email Charmion to apply

View Lodging @ www.acornsresortkansas.com

*All meals (GF & Vegan), Tequila Tasting & Mala included
Children >16 - welcome to register with parent/guardian.

