

Sisterhood Circle Retreat

Oct 8th - 9th, 2022, Chapman, KS

Led by Charmion Harris, 500 E-RYT

@Acorns Wild

Reserve on-line
www.wildsukha.com
Space limited.

"When I stepped off the ladder, I felt wonderment, peace, gratitude, warmth, inspiration, beauty. Mostly though, I felt love"
- previous retreat participant.

Oct 8th, Saturday

10am-12pm Kriya "Invoke", Lineage & Archetypes, Massage
1230 Lunch - Soup, salad, toast & bliss balls (GF & vegan)
130pm-4pm Kriya "Honor", Ancestor Dolls & Ceremony, Writing Wkshp
4-6pm Uplift Circles, Birthing the Future
6-7pm Dinner - GF/Vegan tamales, avocado fudge
7-8pm Lunar Walk and/or Mural of Affirmations

Oct 9th, Sunday

9-1030am Body Art (Henna & Face Paint)
1030-1130 Kriya "New Day"
1130am Lunch - Soup, salad, toast, and bliss balls (GF & vegan)
1230-2pm Uplift Circle Part 2
2-4pm: Cacao Ceremony & Mandala Plant Creations

Retreat Also Includes:

Loose Leaf Teas Galore (morning), Golden Milk Elixers (afternoons)
Sisterhood like you may have never experienced before
Adoration of farm cats
Curiosity from the resident herd of Elk
Bird songs, sunlight and wind through the slats
Total peace and wildness

Retreat cost \$345 (Karma Registration available, email extremekansas@yahoo.com to apply)

- Includes all retreat offerings, 3 GF/vegan meals, shared indoor or outdoor space for sleeping*
Floor space in beautifully restored 1800s limestone house (not used as a house), bring padding or cot.
Outdoor space aplenty for tents (bring your own or let us know you want to share with someone).
One bath with shower is available in the 1880s house.
Another bath with shower in the 60's Franklin Lloyd Wright inspired home on the property.
If sleeping on a bed is a must, talk to Charmion (2 bedrooms avail for additional \$100 cost).
- Registration closes on 9/17, limited to 16 women over the age of 13
- Register on-line @ www.wildsukha.com
- Questions? Email extremekansas@yahoo.com or call 785-307-1901.
- This is a liberating experience, but absolutely a safe space.

